## BANDAGING AND WASHING

Wear bandage overnight.

Remove bandage the following morning and gently wash with unscented antibacterial soap. Use soap on first morning only to remove ointment, excess ink and blood from your fresh tattoo. After showering, gently pat dry with a clean towel. DO NOT rub dry- this could damage the tattoo. After washing and drying, apply a thin layer of ointment/lotion recommended by your artist and massage into tattoo.

DO NOT re-bandage your tattoo, it needs to breathe in order to heal properly.

Soft, breathable clothing is best to accommodate proper healing. Avoid tight, constricting clothing or coarse material that may rub against your tattoo (i.e. tight jeans).

## MOISTURIZING

Use an ointment or lotion recommended by your artist to moisturize your tattoo. Apply the following morning after tattoo is washed and dried. Moisturizer should be applied 3-5 times per day until tattoo is healed (1-2 weeks). DO NOT oversaturate your tattoo. When the tattoo feels dried out, massage a small amount of lotion/ointment into your tattoo.

## PEELING, SCABBING, ETC

Usually your tattoo will begin to peel and flake 3-5 days after your session. Sometimes you will notice light scabbing. Your tattoo might not look very attractive in this stage of healing. It is totally normal for it to look like bits and pieces are flaking off. When you are applying lotion/ointment or washing your tattoo, it is normal for tiny bits of colored, peeling skin to roll off onto your fingertips.

DO NOT pick at or scratch your tattoo! Avoid any kind of friction. If you prematurely pick off scabs or peeling skin, you will most likely also pull out some of your tattoo. Treat your tattoo gently while it is healing. If your tattoo is itchy, try lightly slapping it or massaging some lotion/ointment into it.

After your tattoo is finished peeling, you will notice that the skin has an unusual texture (dry, tight, shiny, and wrinkled). This is the "secondary stage" of healing. During this time the colors will not appear fully vibrant (blacks look slightly blue, reds slightly pink, yellows slightly orange.) This will dissipate during the coming weeks- moisturizing helps! If any damage has occurred during the healing process, you must wait AT LEAST 4 WEEKS before a touch-up.

## SUNLIGHT, SWIMMING, OTHER VITAL INFO

For the 1st TWO WEEKS of healing, DO NOT expose tattoo to direct sunlight or tanning booths. After tattoo is fully healed, use SPF 30 or better sunscreen when in the sun. NO SWIMMING OR SOAKING tattoo at all until completely healed. NO oceans, rivers, lakes, pools, jacuzzis or bathtubs. Normal showers are fine.

DO NOT let animals come in contact with your healing tattoo. This includes your pets. Don't let them rub up against or lick your tattoo.

If you notice any signs and symptoms of infection, including, but not limited to, redness, swelling, tenderness, red streaks going from the procedure site toward the heart, elevated temperature, purulent drainage from the procedure site, or any other signs and symptoms that indicate the need to seek medical care, CONTACT YOUR PHYSICIAN AND TATTOOER IMMEDIATELY!!